



Heartfelt Impressions

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					
AM Snack					
Lunch					
PM Snack					
WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					
AM Snack					
Lunch					
PM Snack					



WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					
AM Snack					
Lunch					
PM Snack					

WEEK 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					
AM Snack					
Lunch					
PM Snack					

WEEK 5	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					
AM Snack					
Lunch					
PM Snack					

